

Speed Secrets 6: The Perfect Driver (No. 6)

Ross Bentley



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With racing, as with almost any pursuit, being the best entails having a clear idea of what the best is--having a mental model that instructs and motivates and inspires. That's where Speed Secrets 6 comes in. Drawing on his extensive experience as a competitive driver and coach, author Ross Bentley helps the aspiring professional and the ambitious amateur develop the mental model that is essential for successful racing. His book reviews the techniques needed to drive fast, win races, and build a career as a professional race driver--- and then, more importantly, schools readers in the process of turning this clear mental picture into racing perfection.

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