



## Binge Eating: Nature, Assessment, and Treatment

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# Binge Eating: Nature, Assessment, and Treatment

## **Binge Eating: Nature, Assessment, and Treatment**

Despite the prevalence and importance of this complex behavior, no one volume has been devoted to synthesizing all that is known about binge eating and its treatment. Bridging a gap in the literature, this informative and unusually practical text brings together original and significant contributions from leading experts from a wide variety of fields.

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