



The New Pressure Cooker Cookbook: 150 Delicious, Fast, and Nutritious Dishes

Ellen Brown

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In recent years, the pressure cooker has been reinvented, making it safer and easier to use than ever before. This is the most up-to-date book on cooking with today's fantastic new models. Ellen Brown, author of the popular *New Cast Iron Skillet Cookbook*, explains how these devices work, and how they make beef reach an ethereal state of "fork tender" in 30 minutes and cook a whole head of cauliflower to perfection in six. The 150 recipes feature a range of dishes both familiar and globally inflected, from Vietnamese Beef Pho, Seafood Jambalaya, and Moroccan Chicken with Olives and Preserved Lemons to Hoppin' John with Ham and Corn Spoonbread. And don't miss the Mexican Chocolate Pudding!

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