



Nick Bollettieri's Mental Efficiency Program for Playing Great Tennis

Nick Bollettieri, Charles A. Maher

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Arguably the best tennis coach in the world today, Bollettieri is known for finding and developing great young players at his renowned tennis academy. Now, for the first time, his teachings on mental fitness in tennis are available outside of the Nick Bollettieri Tennis Academy to players who want the inside edge on their own home courts. Photos.

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