



NeuroPower: Leading with Neurointelligence

Peter Burow

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The NeuroPower framework takes insights from neuroscience, psychology and philosophy and intertwines them in a way that is both insightful and practical. Made possible by recent advances in brain science, it outlines how six social cognitive needs give rise to personality, enables learning and even creates consciousness itself. In this third edition, Peter Burow, draws on social cognitive neuroscience together with proven leadership and engagement practices, principles of cognitive behavioural therapy, NLP, moral development to present a layered, nuanced and insightful view of the inner workings of the human experience. He then outlines how this insight can improve the quality of life through self-awareness, creativity, enhanced relationships and success. Finally, he explores the neurobiology of wisdom and investigates the methodologies that well integrated brains use to collapse inner conflicts into higher-order solutions that bring generosity, peace, humility and compassion. Ultimately, he provides readers with a deep understanding of both themselves and others, and fresh insights into some of the perennial mysteries of the human condition.



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