



Cooking For One Cookbook For Beginners & Slow Cooking Guide For Beginners (Cook Books Box Set) (Volume 1)

Claire Daniels

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Cooking Books Box Set #1: Cooking for One Cookbook for Beginners: The Ultimate Recipe Cookbook for Cooking for One! & Slow Cooking Guide for Beginners: The Top Essential Slow Cooking Tips & Recipes for Beginners! COOK BOOK GUIDE FOR SLOW COOKING AND COOKING FOR ONE! RECIPES! TECHNIQUES! GREAT FOR BEGINNERS. COOKING FOR ONE

You got this book for a reason: you are tired of microwave TV dinners, canned food and unhealthy takeouts. You want to enjoy fast, delicious, cheap and healthy meals that will make eating alone a worthwhile experience. Well, good news, for this book will guide you through the journey of healthier eating!

From now on, your kitchen will be your best friend. If there is something about your kitchen that you don't like (such as the paint on the walls) then go ahead and change it. You will be spending a bit more time in this part of your home so why not make it a fun experience every time.

One big advantage of cooking for one is that dish washing won't be such a chore. All you will ever need is one pair of cutlery, one bowl, one plate, one cup and one glass. And just because you're cooking for one does not make it a rush all of the time. Dedicate a table and a chair to be your dining area, spread an attractive tablecloth over it and place a vase with some fresh cut flowers in it. Create a playlist to serve as your background music while you are eating to set the right ambiance. Hang a lantern over a light bulb to set the mood for eating at home.

Here Is A Preview Of What You'll Learn...

- Important "Cooking for One" Tips
- Fast and Easy Breakfast Recipes
- Lunchbox-Ready Lunch Recipes
- Classic and Delectable Dinner Recipes
- Scrumptious and Healthy Snack and Dessert Recipes
- Much, much more!

SLOW COOKING:

Slow cooking is a cooking method that utilizes low heat for an extended period of time. The food prepared using this method will become oh-so-tender and more flavorful. In the past, slow cooking involves putting a pot in the stove over a low fire for several hours.

Unfortunately, this leaves room for the homemaker to do anything else since the flame needs constant supervision. If not, the pot may over boil, dry out, and cause a fire if left on for too long even on low. Fortunately, this won't be an issue anymore since the slow cooker has already been invented.

The slow cooker, also known as a crock pot, is a special electric pot with a glass lid and inset ceramic bowl. It typically has two temperature settings such as low (180°F to 200°F) and high (280°F to 300°F). It uses indirect heat to cook food in a steady and moderated temperature that doesn't result in food, or worse, house burning even when left on for most of the day.

You can turn it on it on the morning before you leave for work and come home to a warm and perfectly cooked dish.

Here Is A Preview Of What You'll Learn...

- Slow Cooking and Slow Cookers
- Dips and Sauces Recipes
- Meat Dish Recipes
- Seafood & Vegetable Dish Recipes
- Poultry Dish Recipes
- Dessert & Snack Recipes
- Much, much more!

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From reader reviews:

Bruce Zimmerman:

A lot of people always spent their very own free time to vacation or go to the outside with them loved ones or their friend. Were you aware? Many a lot of people spent many people free time just watching TV, or playing video games all day long. If you need to try to find a new activity that's look different you can read any book. It is really fun for yourself. If you enjoy the book which you read you can spent all day long to reading a guide. The book Cooking For One Cookbook For Beginners & Slow Cooking Guide For Beginners (Cook Books Box Set) (Volume 1) it is extremely good to read. There are a lot of individuals who recommended this book. They were enjoying reading this book. If you did not have enough space to develop this book you can buy typically the e-book. You can m0ore very easily to read this book from a smart phone. The price is not very costly but this book offers high quality.

Eric Freeman:

Can you one of the book lovers? If yes, do you ever feeling doubt if you find yourself in the book store? Try and pick one book that you find out the inside because don't assess book by its deal with may doesn't work this is difficult job because you are scared that the inside maybe not as fantastic as in the outside appearance likes. Maybe you answer might be Cooking For One Cookbook For Beginners & Slow Cooking Guide For Beginners (Cook Books Box Set) (Volume 1) why because the amazing cover that make you consider in regards to the content will not disappoint anyone. The inside or content is actually fantastic as the outside or perhaps cover. Your reading 6th sense will directly make suggestions to pick up this book.

Linda Amato:

This Cooking For One Cookbook For Beginners & Slow Cooking Guide For Beginners (Cook Books Box Set) (Volume 1) is brand new way for you who has curiosity to look for some information mainly because it relief your hunger of knowledge. Getting deeper you on it getting knowledge more you know or else you who still having tiny amount of digest in reading this Cooking For One Cookbook For Beginners & Slow Cooking Guide For Beginners (Cook Books Box Set) (Volume 1) can be the light food for you personally because the information inside that book is easy to get by means of anyone. These books develop itself in the form which can be reachable by anyone, sure I mean in the e-book type. People who think that in guide form make them feel sleepy even dizzy this guide is the answer. So there is absolutely no in reading a book especially this one. You can find actually looking for. It should be here for you actually. So , don't miss the idea! Just read this e-book kind for your better life in addition to knowledge.

Gloria Lockwood:

In this particular era which is the greater particular person or who has ability in doing something more are more treasured than other. Do you want to become among it? It is just simple way to have that. What you are related is just spending your time not much but quite enough to possess a look at some books. One of many

books in the top list in your reading list is definitely *Cooking For One Cookbook For Beginners & Slow Cooking Guide For Beginners (Cook Books Box Set) (Volume 1)*. This book which can be qualified as *The Hungry Hills* can get you closer in turning into precious person. By looking up and review this reserve you can get many advantages.

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