



Life's Equation: A journey toward finding greater purpose

Frank Daidone

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Do you ever ask yourself, 'What is my purpose?' or more specifically, do you ever question if you are on the right path? As far back as I can recall I've attempted to make sense of my own purpose in life, sometimes accepting only what seemed realistic while disregarding pretty much anything else. Most of us subconsciously go through this same exercise throughout multiple stages of our lives, while others constantly surrender to the critical voice inside our head replacing possibility and creativity with resistance and doubt. We have a tendency to set unfulfilling goals for ourselves which is usually caused by self-inflicted obstacles or fear of failure. In doing this, we restrict our personal potential and miss valuable opportunities because of this struggle with doubt and apprehension. Envy, doubt, love and fear are all emotions we adopt through experiences and interactions with other people through this journey called Life. These emotions we carry with us have the ability to establish a profound effect on how we navigate through the world. Through a deep reflection of my own life's experiences, I've discovered that there are common ways in which we all process our experiences, however varied, that have a direct effect on how our beliefs and perspectives are shaped. Always living my life through logic, I became determined to dig deeper to find the common connection between experience and perspective in order to empower me to make decisions that were right for me discarding any apprehension or obstacles. It was this analytical discovery and observation that brought me to write Life's Equation. This book offers my life under a microscope, highlighting some personal life events through which I began to develop an equation, my own "theory of everything," to help me better navigate what were, at times, some pretty challenging experiences, while freeing my perspective from that emotional misdirection. You'll see how my equation came together – and you'll experience stories about some of the people I met along the way who influenced me in some truly inspiring ways – while helping me to uncover some basic but unexpected truths that I hope in turn, will inspire you. I invite you to discover this revolutionary way to find the clearest perspective on reality using this formula to discover common energy in all living things. The message is explained through the style of a memoir as you will become familiar with a collection of significant, sometimes humorous, moving experiences and hard-won lessons. Life's Equation represents a proven equation toward discovering full potential, accomplishing goals and making true, raw sense of one's own purpose. Come celebrate your experiences through logically discovering your true purpose – and help make the world a better place in the process.

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