

# Paleo Slow Cooker (Large Print Edition): Simple and Healthy Gluten Free Recipes

Amelia Simons

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## Paleo Slow Cooker (Large Print Edition): Simple and Healthy **Gluten Free Recipes**

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Do you want an easy way to cook grain free AND gluten-free meals? Then Amelia Simons' latest cookbook for slow cooker cooking is just what you are looking for!

While a Paleolithic diet has been shown to be very effective for people wanting to lose weight and improve their health, spending time in the kitchen on a daily basis can be difficult. That's why *Paleolithic Slow* Cooker: Simple & Healthy Gluten-Free Recipes gives you crockpot recipes to help you find extra time so you can do other things besides cook.

In this gluten-free cookbook you will:

- 1. Discover how to cook really tasty quick breads in your crock pot so you don't heat up your kitchen
- 2. Receive valuable tips and tricks on using your slow cooker
- 3. Enjoy recipes featuring beef, chicken, pork, and seafood
- 4. Make delicious and easy side dishes
- 5. Appreciate the easy-to-follow instructions
- 6. Find some incredibly tasty and healthy foods you can prepare for your family and loved ones

So, if you answered yes to wanting an easy way to cook grain-free and gluten-free, then don't miss out on this cookbook full of terrific slow cooker recipes.



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