



Los chiles rellenos en Mexico. Antologia de recetas (English and Spanish Edition)

Ricardo Munoz Zurita

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Esta antologia presenta recetas tradicionales y contemporaneas de diferentes tipos de chiles rellenos, dulces o picosos, de verduras o de carne. Este libro incluye las recetas mas maravillosas de chiles rellenos en existencia. This is a bilingual edition: Spanish/English. This anthology presents traditional as well as contemporary recipes of different types of chiles and stuffings, sweet or hot, vegetable or meat chiles rellenos. Besides the history, descriptions of how to peel, etc, the reader will find cooking techniques that will help him achieve optimum results.

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