



# Occupational Therapy in the Promotion of Health and Wellness

*Marjorie E. Scaffa PhD OTR/L FAOTA, S. Maggie Reitz PhD OTR/L FAOTA, Michael A. Pizzi PhD OTR/L FAOTA*

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**Occupational Therapy in the Promotion of Health and Wellness** Marjorie E. Scaffa PhD OTR/L FAOTA, S. Maggie Reitz PhD OTR/L FAOTA, Michael A. Pizzi PhD OTR/L FAOTA

Here's the very first text to address this evolving new area of OT practice! It teaches students about health promotion and prevention theory and practice from a wellness rather than an illness perspective. Using "cutting edge" examples, the authors explore how to incorporate this new paradigm into clinical practice and how to develop wellness interventions across the lifespan.

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