

Stop Being Angry

Barrie Konicov

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Stop Being Angry Barrie Konicov

When you feel angry, blow your cool, turn into that negative other person; events, situations and people respond to you in a similar manner. **Stop Being Angry** offers a better way. There's no need to tear yourself (or others) up inside. Learn the secret of letting go as taught by Barrie Konicov.



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