



52 Lists for Happiness: Weekly Journaling Inspiration for Positivity, Balance, and Joy

Moorea Seal

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Following her runaway hit *The 52 Lists Project*, social media maven Moorea Seal's bestselling *52 Lists for Happiness* will inspire existing fans and new journal readers to cultivate their own uniquely happy and fulfilling lives through the power of lists!

Drawing on happiness research and her own personal philosophy, Moorea Seal creates an inspiring tool for list lovers everywhere to discover the keys to their own unique happiness and bring more joy and balance into their lives. This beautiful, undated hardcover journal with 52 listing prompts encourages readers to reflect, acknowledge, and invest in themselves, and ultimately transform their lives by figuring out exactly what makes them happy. Like Seal's *The 52 Lists Project*, this keepsake journal comes in a luxurious package full of lush photography, charming illustrations, copper foil, and a lush red velvet ribbon.

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The reason why? Because this 52 Lists for Happiness: Weekly Journaling Inspiration for Positivity, Balance, and Joy is an unordinary book that the inside of the guide waiting for you to snap that but latter it will shock you with the secret this inside. Reading this book close to it was fantastic author who also write the book in such awesome way makes the content inside easier to understand, entertaining means but still convey the meaning entirely. So , it is good for you because of not hesitating having this anymore or you going to regret it. This unique book will give you a lot of benefits than the other book have such as help improving your ability and your critical thinking means. So , still want to hold up having that book? If I had been you I will go to the book store hurriedly.

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