



Promoting the Health of Adolescents: New Directions for the Twenty-first Century

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Chronic diseases and premature death can often be linked to social, environmental, and behavioral factors that are subject to modification, especially during adolescence when many habits--both good and bad--are formed. In order to effectively encourage good health-related behaviors among adolescents, health providers need an integrated understanding of the many factors involved. This volume fills that need by providing the most comprehensive, up-to-date review of the pertinent issues, including in-depth discussions on adolescent sexuality, substance abuse, the future of adolescent health promotion, and the relationship between socioeconomic status and health-related behaviors. The outstanding group of contributors represents a wide variety of disciplines and offers proven techniques and approaches that can help future adults enjoy longer, safer, more productive lives. With an emphasis on practical solutions, *Promoting the Health of Adolescents* will be of value to health and social scientists, health care providers, educators, and administrators who plan and implement programs for adolescent health.

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