



Getting Thru to Kids: Problem Solving with Children Ages 6 to 18

Phillip Mountrose

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This easy-to-read book gives you a 5-step process to resolve problems with children. It takes you step-by-step through the process on how to shift negative emotions to positive ones, and how to transform limiting beliefs to empowering ones. It works well to promote trust, honesty, school attitude, friendship and self-esteem.

In the process, adults will also build their own confidence as well as learning these highly-effective coping techniques. The "Getting Thru to Kids" techniques work well for children and teenagers, and promote listening skills in them as well as the adults using this approach.

Charts, diagrams and tips give you the resources you need to get "thru" to the kids in your life, whether you're a parent, educator or counselor.

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